PRATIJNA GITA

(The Song of Assurance)

Gita has a message for the solace, peace, freedom and perfection of all human beings. In this book alone, the Lord gives His definite word of assurance or promise and exhortation at every step to the aspirant. He says:

नेहाभिक्रमनाशोऽस्ति प्रत्यवायो न विद्यते।
स्वल्पमप्यस्य धर्मस्य त्रायते महतो भयात् ॥

In this there is no loss of effort, nor is there transgression. Even a little of this knowledge protects from great fear. (Ch. II—40)

पार्थ नैवेह नामुत्र विनाशस्तस्य विद्यते।
न हि कल्याणकृत्कश्चिद् दुर्गतिं तात गच्छति॥

O Son of Pritha, neither in this world, nor in the next life is there destruction for him; none, verily, who does good, comes to grief. (Ch. VI—40.)

क्षिप्रं भवति धर्मात्मा शश्वच्छान्तिं निगच्छति।
कौन्तेय प्रतिजानीहि न मे भक्तः प्रणश्यति॥

Soon he becomes righteous and attains to eternal peace, O Kaunteya, know thou for certain that My devotee is never destroyed. (Ch. IX—31)

अनन्याश्चिन्तयन्तो मां ये जनाः पर्युपासते।
तेषां नित्याभियुक्तानां योगक्षेमं वहाम्यहम्॥

To those men who worship Me alone, thinking of no other, ever harmonious, I bring full security. (Ch. IX—22)

अपि चेदसि पापेभ्यः सर्वेभ्यः पापकृत्तमः।
सर्वं ज्ञानप्लवेनैव वृजिनं संतरिष्यसि॥

Even if thou art the most sinful of all sinners, yet thou shalt verily cross over all sin by the raft of knowledge. (Ch. IV—36)

मन्मना भव मद्भक्तो मद्याजी मां नमस्कुरु।
मामेवैष्यसि सत्यं ते प्रतिजाने प्रियोसि मे॥

Fix thy mind on Me, be devoted to Me, sacrifice to Me, bow down to Me. Thou shalt come even to Me; truly do I promise unto thee, (for) thou art dear to Me. (Ch. XVIII—65)

तेषामहं समुद्धर्ता मृत्युसंसारसागरात्।
भवामि न चिरात्पार्थ मय्यावेशितचेतसाम्॥

For them whose mind is set on Me, verily I become ere long the Saviour out of the ocean of the mortal Samsara. (Ch. XII—7)

सर्व धर्मान्परित्यज्य मामेकं शरणं व्रज।
अहं त्वा सर्वपापेभ्यो मोक्षयिष्यामि मा शुचः॥

Abandoning all duties, take refuge in Me alone; I will liberate thee from all sins; grieve not. (Ch. XVIII—66)

It is lamentable, indeed, that even after reading these assurances of Lord Krishna Himself, people do not take seriously to Yoga Sadhana.

May the blessings of Lord Krishna be upon you all.